



You can't be proud of everything your child brings home from school.



Your guide to identifying and treating head lice.

Many myths and misconceptions surround head lice. The information in this leaflet will hopefully dispel many of these.

Head lice are wingless insects about the size of a sesame seed. They live only on the hair on a human's head, and lay eggs (also known as nits) a few millimetres from the base of the scalp.

Fortunately, head lice can be treated effectively. The information in this book will show you how.



How do you get head lice?

Head lice are only prevalent in human hair. You cannot catch head lice from birds or other animals. Contrary to popular belief, head lice cannot jump or fly (they have no wings), and are not a sign of poor hygiene.

They can be caught only via direct head-to-head contact with a person who has head lice, or by sharing an affected item (e.g. brush, hat or hairclip). Head lice feed on blood beneath the human scalp and will not survive longer than 48 hours off the head.



Tell-tale signs

- Frequent head scratching
- Fine black powder on the pillow (louse faeces)
- Paler coloured remnants on pillows (cast-off lice skin)
- Lice themselves
- Lice eggs or 'nits' – tiny white specks near the root of a hair



Checking for head lice

Check your family daily when you know that there are head lice outbreaks at school, kindy or childcare.

Checking dry hair

Check the hair and scalp for eggs with a magnifying glass in bright light. Spotting live lice is harder as they are difficult to see and scurry away when disturbed.

Checking with conditioner and comb

Covering hair (damp or dry) with a generous amount of normal conditioner stuns the lice and stops them crawling for about 20 minutes. Comb the hair preferably with a fine-toothed comb. Conditioner from the comb should be wiped onto a paper towel so the lice and nits can be seen.



The solution for head lice - BANLICE® Mousse

BANLICE® Mousse is a clinically proven, effective and easy way to treat head lice and nits with one ten-minute application.

Contains natural pyrethrins

Natural pyrethrins come from chrysanthemum flowers and are considered to be among the least toxic yet effective insecticides available for human use.

Pleasant smell

Unlike some head lice products that smell unpleasant, BANLICE® Mousse has a pleasant smell.



Residue-free

You can be assured that BANLICE® Mousse washes out completely with your regular shampoo, leaving no residual insecticide on your child's hair or scalp.

No mess, no fuss

Some products are messy and difficult to use on children. BANLICE® is a mousse so it is easy to use and control, reducing the risk of nasty drips and spills.





How to use BANLICE® Mousse

- Shake thoroughly and invert can before application.
- Apply to DRY hair only – it's important not to wash or wet the hair first.
- Massage into scalp and hair for 2 to 3 minutes until thoroughly wet, ensuring no dry spots are left for lice to hide in.
- Leave in hair for 10 minutes, then wash out with your normal shampoo.
- Inspect and retreat in 8-10 days if necessary.



Do not be alarmed if lice are still moving directly after treatment – as BANLICE® Mousse works on the nervous system of lice, knockdown is not always immediate.

BANLICE® Mousse is approved for use from 6 months of age. Consult your doctor if you wish to treat a child under 6 months, or are pregnant or breastfeeding wish to treat yourself.





After treatment

Part the hair with a comb and use your fingers to clear the head of dead lice and nits. Whilst BANLICE® Mousse will treat nits, they will NOT wash out after treatment, as they are glued to the



Minimising the risk of infection

- Inspect all family members, including Mum and Dad and treat if necessary.
- Wash all brushes and combs, hairclips, linen and clothing worn in the past 48 hours in hot water.



- Suspect items that cannot be washed (e.g. teddy bears, hats, bike helmets) can be isolated in a sealed plastic bag for 8-10 days. If there are any lice on those items, they will complete their life cycle in the bag.
- Keeping hair securely fastened (plait or bun) may help, whilst head lice are about.
- Notifying friends and your child's school will help to control the spread of head lice.



Banlice

**For further
information on
head lice
– call our FREE
helpline:
1800 778 640**

**OR visit our website:
www.banlice.com.au**



Always read the label. Use only as directed.
If symptoms persist, see your healthcare professional.